

2010 BARENTS CUP

Competitions:

1. Luosto time trial	Finland	22.5.2010
2. Luosto group race	Finland	23.5.2010
3. Apatity time trial	Russia	16.6.2010
4. Apatity group race	Russia	18.6.2010
5. Tana time trial	Norway	24.7.2010
6. Tana group race	Norway	25.7.2010

Classes:

Men/Women:

14, 16, 18, Elite, 40, 50

Points:

Winner of every competition gets 10 points, second 9 points, third 8 points and so on. Everyone who gets result gets at least one point. Points will be calculated together and the winner of every class is competitor who has got most points. Only points from 4 best competitions will be calculated together.

Prize ceremonies:

Prizes of the Barents Cup 2010 will be dealt after the last competition in Norway. 3 bests of every class will get prizes. To get the prize of Barents Cup competitor must participate and get points at least from three of these competitions.